

Just heat and serve.

We cook all of our meals on site without the use of additives or preservatives.

Fast Home Delivery starting at \$9.99*

*Minimum order of \$50 and 24 hours notice required

Select meals and soups are only offered fresh and may not be available everyday.

For more information call (709) 576-7640.



Curried Pineapple Chicken Dinner on

Baked Chicken Breast Dinner

Thai Peanut Chicken Dinner 🙃

Chicken Divan

Turkey Pot Pie



Stuffed Pork Loin



Meatloaf Dinner

Hearty Meatloaf

Beef Chili @

Steak and Kidney Pie

Beef Bourguignon

Beef Stirfry with Chow Mein Noodles

Beef Stirfry with Rice



Baked Cod Dinner
Cod au Gratin
Fish Cakes (6)
Fish and Brewis



Shepherd's Pie with Lamb



Butter Chicken
Tandoori Chicken
Beef Curry Masala
Vegetable Curry •







Harvest Ham Vegetarian 👽



Creamy Macaroni and Cheese 💿 Creamy Macaroni and Cheese with Ham Beef Lasagna

Italian Sausage Lasagna

Mushroom Pancetta Chicken & Fusilli

Spinach Ricotta and Mushroom Lasagna 💿

Cajun Chicken Penne Spaghetti with Meat Sauce

Turkey Tetrazzini

Beef Goulash



Baked Beans 🕡 🙃



Black Bean Chili 🕡 🙃





Wild Newfoundland Favourites*

Rabbit Pie

Seal Flipper Pie

Moose Pie



Newfoundland Pea 👴

Vegetable Beef

Turkey and Wild Rice 🙃

Mulligatawny 👴

Seafood Chowder 🙃

Roasted Red Pepper and Tomato 👽 👴

Curried Chicken and Mushroom

Sweet Pumpkin 👽