



When there's no time to cook, dinner is always ready at Belbin's. With over 50 homemade selections in individual and family sized portions, we've got you covered. Just heat and enjoy!



Home Delivery for under \$5.00

We can pick, pack, and deliver your groceries all for just \$4.99 — something to think about on those busy and not-so-shopping-friendly winter days! Call or order online.

BELBIN'S GROCERY
SHOPPING MADE SIMPLE

85 Quidi Vidi Rd. 576-7640
www.belbins.com

Open Seven Days a Week

BELBIN'S GROCERY
SHOPPING MADE SIMPLE

Featured Specials

Pork Chops

Fresh Bone In
Hand Cut & Trimmed
4.59 lb



*** May 18-24**

Chicken Kabobs & Rice

Skewered chunks of grilled & baked boneless chicken breast with red onion & mixed peppers served with a rice pilaf. Heat & Serve. 500g



9.95

CHECK THIS OUT!

Lemon Meringue Pie

Belbins Own. A pleasant tart filling balanced with a heap of fluffy Italian meringue. Serves 6-8. 700g

\$7.49



*** May 25-31**

Cod au Gratin

Chunks of Atlantic cod in a store made rich cream sauce topped with shredded cheeses & Panko crumbs. Heat & Serve, 540g



10.50

Prices in effect May 18-31, 2017

Country Ribbon
Fresh Bone In
Chicken Breasts
4.89 lb



Schneider's
Italian Style
Pork Sausages
5.95 lb



Great to BBQ!

Compliments
Smoked Bacon
Sliced, 500g
4.99



Sensations
by Compliments
Canadian Angus & Sirloin
Beef Burgers, 1.13kg
11.95 box



Blackberries, 170g
Product of Mexico
2.99



Green Grapes
Product of Chile
3.89 lb



English Cucumber
Product of Canada
1.99



Fresh Mushrooms
Canada, 227g
2.39

Compliments
Cheese Blocks
Assorted 300g
4.98



Delissio, 555-630g
Assorted Thin
Crust Pizzas
4.99



Heinz, 398ml
Assorted Beans &
Pasta in Tomato Sauce
1.39 ea



Maple Leaf, 113g
Vienna
Sausages
.99 tin



Clover Leaf
White Tuna
Assorted 170g
2.99



Store Made Muffins
Lemon Blueberry,
Partridgeberry
& Blueberry Bran
3.99 pak
4 Large



Trinity Coffee
Assorted Blends
NL Roasted, 454g
13.95



Celebration
Chocolate Cookies
Assorted 240g
3.59



Kraft
Peanut Butter
Assorted 1 kg
4.99 ea



Fairlee Juice
Apple / Orange
Tetra Pak, 1 L
1.09 ea



Hellmanns
Real Mayo
Assorted 890 ml
4.59



Kraft, 455ml
BBQ Sauces
Assorted Flavors
1.39



Knorr, 124-147g
Sidekicks Pasta
Side Dishes
.99 pkg



Primo Soup
Ready to Serve
Assorted 540ml
1.89



Belbins Own
100% Newfoundland
Berry Jams
Assorted 250 ml



Blueberry, Partridgeberry, Bakeapple & Crowberry



Compliments
All Purpose White &
Whole Wheat Flour, 2.5kg
3.99 ea



Friskies
Cat Food
Assorted 156g
.69 tin



Lay's
Potato Chips
Assorted 170-180g
2.59



Compliments
Italian Sodas, 750ml
Assorted Flavours
2.99



Glad Cling Wrap 60m
& Compliments Plastic
Cutlery 51pcs
2.99 ea



SpongeTowels
Choose A Size
Ultra, 2 Roll Pak
2.98



Dawn
Dish Washing Liquid,
Assorted 638ml
3.59



Majesta
Facial Tissues
2 ply, 136's
1.19

